

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Ron DeSantis
Governor

Scott A. Rivkees, MD
State Surgeon General

Vision: To be the **Healthiest State** in the Nation

FLORIDA DEPARTMENT OF HEALTH IN COLLIER COUNTY COVID-19 UPDATE
OCTOBER 19, 2020

COVID-19 INFORMATION

For your safety, and the safety of staff, all services are currently by appointment only. Contact 239-252-8200 Naples or 239-252-7300 Immokalee.

The Florida Department of Health in Collier County (DOH-Collier) is here to assist you with questions and concerns regarding COVID-19.

Contact the DOH-Collier Call Center Monday-Friday, 9am-5pm, at 239-252-6220.

You may also contact the State COVID-19 Call Center 24/7 at 1-866-779-6121 or email COVID-19@flhealth.gov.

Online COVID-19 information can be found at <https://floridahealthcovid19.gov/> or at www.CDC.gov.

A MESSAGE FROM DOH-COLLIER

Starting in June, the Community Health Promotions team has been active in the community delivering COVID-19 prevention information to over 980 local businesses throughout Collier County. During our visits, CDC guidelines are reviewed, and flyers are provided about masks and social distancing in English, Spanish, and Haitian Creole, so that managers know how to protect their staff, customers, and community.

In the last month, Tobacco Free Florida added salons as a location for community health messaging. Since then, we have delivered 261 window clings and fan/flyers with information on the risks of COVID-19 for smokers and getting support to quit.

| Campaign | Totals |
|----------------------------------|-------------|
| Businesses visited | 980 |
| Educational materials | 5155 |
| Mask packs (5 masks/pack) | 1198 |
| Tobacco Info | 261 |

SLOW THE SPREAD OF COVID-19

Cover Up, Collier!

Signs encouraging residents in Collier County to wear a face mask have been placed at various locations including schools, county offices, fire stations, parks, and beach access points.

The use of masks has been proven to reduce the spread of COVID-19. Remember that wearing a mask does not replace other protective measures such as staying at least 6 feet away from others (social distancing), washing your hands frequently, avoiding touching your eyes, nose, and mouth, as well as your face mask.

Watch this Public Service Announcement regarding face masks featuring members of our community: <https://vimeo.com/458664579>

Collier County remains under a mask mandate as passed by the Board of County Commissioners.

COVID-19 and Gatherings

In the coming months there are several occasions where people may wish to get together. Remember, celebrating virtually or with members of your own household poses low risk for spread. In-person gatherings have varying levels of risk. The location of the gathering, duration, and number of people in attendance all factor into the level of risk. To learn more about keeping yourself, your family, and your community safe during the holidays follow this link:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>.

Do Visitors Need to Quarantine or Isolate When Arriving?

There is no quarantine or isolation period for visitors from outside of Florida.

I Tested Positive for COVID-19. Now What?

If you tested positive for COVID-19, you need to stay home and isolate per the guidance provided by public health officials. This means no trips to the store or other outings, even if you do wear a face mask. If you think or know you had COVID-19, and had symptoms, you can be with others 10 days since symptoms first appeared and 24 hours has passed with no fever without fever-reducing medication and symptoms have improved. If you tested positive with no symptoms of COVID-19, you can be with others after 10 days have passed since your test date. Follow this link to stay up-to-date:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>.

Testing Information

If you suspect you might have COVID-19, call your primary care provider, urgent care, or DOH-Collier at 239-252-6220 for an appointment. Remember: residents *and* visitors are responsible for keeping our piece of paradise safe and healthy. DOH-Collier offers additional testing options six days per week throughout the county. Information can be found at:

<http://collier.floridahealth.gov/newsroom/2020/06/0601testinginformation.html>.

Public Health Advisory

The Florida Department of Health recommends all individuals wear masks in any setting where social distancing is not possible, unless a child is under the age of two years. Elderly and vulnerable populations should limit interactions outside the home, and all individuals should refrain from participating in gatherings of more than 10 people.

Read the full Public Health Advisory issued by the State Surgeon General here:

<https://floridahealthcovid19.gov/wp-content/uploads/2020/08/DOH-Public-Health-Advisory-for-COVID19-7-20-2020.pdf>

Daily Health Questions

Keeping our community safe is everyone's responsibility. Ask yourself these questions daily.

1. Do you or anyone in your household have symptoms of COVID-19? Symptoms include fever of 100.4 or above, cough, shortness of breath, difficulty breathing, chills, muscle pain, sore throat, congestion, runny nose, nausea, new loss of taste or smell.
2. Have you or anyone in your household traveled outside the country or to affected areas in the United States?
3. Have you had direct contact (within 6 feet for more than 15 minutes) with anyone who has tested positive for COVID-19?
4. Is there anyone in your household under instructions to isolate due to COVID-19?

MENTAL HEALTH RESOURCES

Are you feeling stressed/depressed/anxious/unsure of the future? Do you need support or someone to talk to? If you are in need of mental health services, contact one of the agencies below:

- National Suicide Prevention Hotline: 1-800-273-TALK (8255)
- Substance Abuse and Mental Health Services Administration (SAMHSA): 1-800-985-5990 or text TalkWithUs to 66746.
- SAMHSA Crisis Text Line: Text HOME to 741-741
- Florida Blue is providing free emotional support resources for all Floridians, even if they are not covered by Florida Blue insurance. Any Floridian – even if uninsured or under another insurance plan – can receive support in managing feelings of stress, anxiety, grief, or fear related to the COVID-19 pandemic. Call 1-833-848-1762.

STAY INFORMED

For up-to-date information on COVID-19 and other public health related matters, please visit the following:

DOH-Collier website: <http://collier.floridahealth.gov/>

DOH-Collier Twitter: [@HealthyCollier](https://twitter.com/HealthyCollier)

Florida Department of Health website: <http://www.floridahealth.gov/>

Florida Department of Health COVID-19 website: <https://floridahealthcovid19.gov/>

Florida Department of Health Twitter: [@HealthyFla](https://twitter.com/HealthyFla)